

Helping Hands of St. Marguerite Private Home-Care Opening this Fall in Cambridge

ORGANIZATION TO SERVE ELDERLY THROUGHOUT THE SURROUNDING AREA

Cambridge, MA (July 3, 2008) – *Covenant Health Systems, Inc.* a Catholic health care system sponsoring hospitals, nursing homes, assisted living residences and other health and elder services throughout New England, recently announced plans for founding *Helping Hands of St. Marguerite*, a private home-care company that will provide personal care, housekeeping, and companion services for individuals and their families in their homes. Services will also be offered to residents of assisted living and retirement communities.

Expected to begin operations early this fall, *Helping Hands* will service Cambridge, Somerville, Waltham, Arlington, Belmont, Lexington, Winchester, Bedford and the surrounding areas, assisting individuals to remain in their homes while affording them as much support and independence as possible.

“As a faith-based organization, dignity and respect of the individual will serve as the corner stones of the delivery of care,” said **Maryann Outwater**, Helping Hands Spokesperson. “Our approach will be based on 150 years of tradition of the *Sisters of Charity of Montreal*, the Grey Nuns who have provided health and housing in the greater Boston area and, of course, on the exceptional standards of our founders, *Covenant Health Systems.*”

The organization is currently hiring a staff of certified nursing assistants who will be individually trained to meet the needs of those they assist. Other Covenant entities in the area include Youville Lifecare Inc., Youville Hospital and Rehabilitation Center, Youville House Assisted Living Residence, in Cambridge; Youville Place Assisted Living Residence, in Lexington and Maristhill Nursing Center, Waltham. Sancta Maria Nursing Facility, in Cambridge, MA is also an affiliate.

Helping Hands of St. Marguerite’s office will be located at 799 Concord Avenue in Cambridge. For additional information please contact Mr. Daniel Dougherty at (617) 492-1023.